

breakfast | lunch | breaks | cocktail parties/receptions



event menus

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TRADITIONAL

Orange, Cranberry, and Apple Juice Seasonal Sliced Fruit and Berries Freshly Baked Breakfast Treats to Include: Assorted Muffins, Breakfast Breads, and Bagels Butter, Fruit Preserves and Cream Cheese Freshly Brewed Regular and Decaffeinated Coffee Assorted Hot Teas

EXECUTIVE

Individual Fruit Flavored Yogurt Seasonal Sliced Fruit & Berries Assorted Cold Cereals 2% and Skim Milk Freshly Baked Breakfast Treats to Include: Assorted Muffins, Breakfast Breads, and Bagels Butter, Fruit Preserves, Cream Cheese Freshly Brewed Regular and Decaffeinated Assorted Hot Teas

THE EUROPEAN

Orange, Cranberry, and Apple Juice Seasonal Sliced Fruit & Berries Assorted Cheeses, Prosciutto, Salami and Capicola Hard Boiled Eggs Fresh Breakfast Treats to Include: Biscotti, Scones, Mini Croissants, and Baguettes Butter, Marmalades, and Fruit Preserves Freshly Brewed Regular and Decaffeinated Assorted Hot Teas

continental breakfast

ENHANCEMENTS

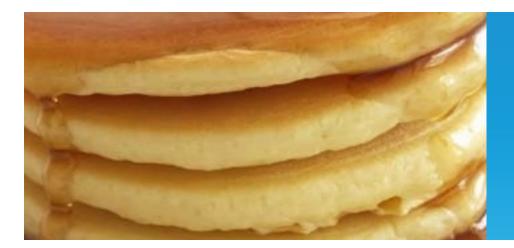
Oatmeal with Raisins and Brown Sugar

Sausage, Egg and Cheese Biscuits

Ham, Egg and Cheese Croissants

Whole Wheat Vegetarian Breakfast Burrito

Smoked Salmon, Capers, Red Onions, Diced Tomatoes, Chopped Hard Boiled Eggs, and Mini Bagels



breakfast

HEALTHY START BREAKFAST

Orange, Cranberry, and Apple Juice Seasonal Sliced Fruit and Berries Low-Fat Muffins Low- Fat Assorted Yogurts Steal Cut Oatmeal with Brown Sugar and Raisins Whole Wheat Tortilla with Egg Whites, Spinach, Sundried Tomatoes and Red Onions Freshly Brewed Regular and Decaffeinated Coffee Assorted Hot Teas

TRADITIONAL BUFFET

Orange, Cranberry, and Apple Juice Seasonal Sliced Fruit and Berries Assorted Individual Fruit Yogurt Assorted Cold Cereals 2% and Skim Milk Fresh Scrambled Eggs Bacon and Country Sausage Links Breakfast Potatoes Freshly Baked Breakfast Treats to Include: Assorted Muffins, Breakfast Breads, Bagels Butter, Fruit Preserves, and Cream Cheese Freshly Brewed Regular and Decaffeinated Coffee Assorted Hot Teas

EXECUTIVE

Orange, Cranberry, and Apple Juice Seasonal Sliced Fruit and Berries Assorted Individual Fruit Yogurt Housemade Granola Assorted Cold Cereals 2% and Skim Milk Fresh Scrambled Eggs Buttermilk Pancakes with Warm Maple Syrup **Breakfast Potatoes** Bacon and Country Sausage Links Freshly Baked Breakfast Treats to Include: Assorted Muffins, Breakfast Breads, Bagels Butter, Fruit Preserves, and Cream Cheese Freshly Brewed Regular and Decaffeinated Coffee Assorted Hot Teas

ENHANCEMENTS

Hot Oatmeal with Brown Sugar and Raisins

Southern Grits with Cheddar Cheese

Biscuits and Sausage Gravy



breaks

BEVERAGE ONLY

Beverage includes Coca-Cola® Products, Regular and Diet, Bottled Water, Freshly Brewed Regular and Decaffeinated Coffee and Assorted Hot Teas. Maximum Service Time of Thirty Minutes.

THEMED BREAKS

Coffee & Doughnuts Plain and Cinnamon Doughnuts

Milk & Cookies Assorted Baked Cookies Ice Cold Milk to include: 2%, Skim & Chocolate

Tea & Cakes Assorted Hot Teas Signature Cupcakes Scones Power Break Power Bars, Nutri-Grain Bars, and Candy Bars Nuts and Trail Mix Banana and Apples

Spa Break Hummus with Pita Chips Crudete Arden's Garden



trayed or boxed lunch

TRAYED OR BOXED LUNCH

includes a side, drink and dessert

Michael's Horseradish Crusted Tilapia with lettuce, tomato, and a spicy remoulade sauce

Roast Beef Sandwich with pesto mayo and melted provolone cheese grilled hot on the panini press

Badda Reuben with corned beef, swiss cheese, sour kraut & mustard

Buffalo Chicken Sandwich with grilled chicken breast, bleu cheese dressing, lettuce, tomato & spicy buffalo sauce

Maryland Crab Melt with crab meat, tomato, swiss and spicy remoulade sauce

Blackened Steak Sandwich with grilled blackened steak sliced, fried onions, tomato, Cajun mayo and lettuce

Chicken Parm with breaded breast of chicken

with melted mozzarella and marinara sauce Roast Turkey & Smoked Gouda with lettuce, tomato, and pesto mayo

Shrimp Po' Boy Wrap with fried shrimp, lettuce, tomato and spicy remoulade wrapped in an herb tortilla

Falafel Sandwich with fried chick pea patties, tomato, onion, cucumber, lettuce and tzatziki sauce on pita

Grilled Chicken Caprese Sandwich with grilled chicken, tomato, fresh mozzarella, lettuce & pesto mayo

Tarragon & Curry Chicken Salad with chicken salad lettuce and tomato

PB&J with organic peanut butter and jelly

Buffalo Caesar Salad With crumbled blue cheese, buffalo chicken, croutons & ranch dressing Cajun Steak Salad

Grilled marinated steak over mixed greens, onion, roasted red peppers, tomatoes, cucumbers & chipotle ranch dressing

Mixed Field Greens Salad With tomatoes, onions, olives, cucumber & balsamic vinaigrette dressing *Can add grilled chicken*

Mediterranean Vegetable Salad Field greens with tomatoes, onion, cucumber, falafel, greek olives, feta cheese, stuffed grape leaves & greek dressing

Crispy Fish Salad

Pan fried fish with mango, tomatoes, cucumber, roasted red pepper, & Mandarin Ginger dressing

Antipasto Salad

Roast beef, turkey, ham, olives, peppers, tomatoes, cucumbers, zucchini, mozzarella & balsamic



SIDE SALADS

Potato Salad with traditional Southern Potato Salad

Penne Pomodoro Salad with penne Pasta with Traditional Tomato Gravy

Farfalle al Pesto Salad with bowtie Pasta with Basil Spinach Pesto Topped with Parmesan and Sun-Dried Tomato

Fusilli Primavera Salad with corkscrew Pasta with Fresh Spring Vegetables and Tomato Pesto

Garden Salad with roma tomatoes, English cucumbers, white mushrooms, sprouts and mesclun greens with a balsamic dressing

DESSERTS

Cookies (chocolate chip, chocolate chocolate chip, peanut butter, oatmeal raisin, snickerdoodle) Cupcakes Brownies Lemon Bars Toffee Bars

trayed or boxed lunch

BEVERAGES

Beverage includes Coca-Cola® Products, Regular and Diet, Bottled Water, Freshly Brewed Regular and Decaffeinated Coffee and Assorted Hot Teas.



BEEF ENTREES

Marinated Kobe London Broil with caramelized onions and mushroom sauce

Barbequed Beef Short Ribs with jalapeno corn bread and creamy horseradish sauce

Rosemary Grilled Sirloin Steak with crispy oyster mushrooms and a cabernet pancetta sauce

Marinated Brazilian Coulat with charred tomatoes, onions, and chimi churi sauce

Beef Bourgeon with glazed pearl onions in sauce Espanola

Prime Rib of Beef with Yorkshire pudding Horseradish au jus

Grilled Filet Mignon of Beef topped with porcini mushrooms in sauce béarnaise

Barbequed Beef Brisket with Indian corn bread and white barbeque sauce

Bacon Wrapped Meatloaf with mild mushroom sage gravy

Stir-fried Filet Tips with a spicy Szechwan sauce



CHICKEN ENTREES

Rosemary Lemon Roasted Chicken with a lemon sauce

Chicken Sorrentino, scallopine of chicken with eggplant and melted provolone cheese with a wild mushroom sauce

Chicken Cacciatore, boneless chicken, onions, peppers, basil in a tomato ragout

Chicken Francaise, egg battered chicken breast with a lemon white wine sauce

Southern Fried Chicken with sweet potato corn bread and black eyed pea gravy

Chicken Milanese, thinly pounded chicken breaded and pan fried with an arugula tomato salad

Grilled Breast of Chicken with pineapple peach salsa and raspberry vinaigrette

Chicken La Parma, thinly pounded chicken with lemon, tomato and roasted garlic sauce

Chicken Marsala, scallopine of chicken breast in a wild mushroom marsala wine sauce

Chicken Parmesan topped with fresh mozzarella and fried basil

Chicken Cordon Bleu, breast of chicken rolled and breached with black forest ham and gruyere cheese served with sauce mornay

Panko Crusted Chicken with a chipotle gravy and jalapeno corn bread



PORK ENTREES

Boneless Smithfield Pork Loin with a Cuban rub and whole grain mustard sauce

Grilled Pork Chops with apple fritter and balsamic honey glaze

Pulled Pork with three sauces, vinegar, hoisin barbeque and white barbequed

Maple Ham with Dijon white current sauce and candied apricots

Barbequed Baby Back Ribs with fire roasted corn salsa and cayenne barbeque sauce

Horseradish Crusted Pork Loin with Anjou pears, fennel in a cabernet wine sauce

Cuban Crusted Pork Tenderloin with strawberry mango salsa with cilantro cream Breaded Pork Chops with melted gruyere and fig and onion gastrique



FISH ENTREES

Tempura Shrimp with Szechwan vegetable sauce

Horseradish Crusted Grouper with mango cucumber salsa and a mandarin orange scotch bonnet sauce

Citrus Poached Halibut over seafood bouillabaisse and tomato crostini

Potato Crusted Salmon over arugula, tomato and shaved red onion salad with cured lemon

Nori Wrapped Ahi Tuna with miso mirin beurre and fried rice stick

Pesto Grilled Salmon with pignoli nuts and tomato rouix

Lobster Cannelloni with tomato tarragon cream sauce topped with fried sage

Shrimp Scampi stuffed with lump crab and roasted garlic bread crumbs

Cioppino, shellfish stew with a roasted garlic, fennel and tomato sauce

Paella, shrimp, halibut, clams, muscles, chorizo sausage, with a saffron, tomato and fennel sauce

Grilled Ahi Tuna Nicoise with lemon, capers, tomatoes, anchovies, and onions with parsley salsa

Filet of Sole stuffed with lump crab meat and a sauce livornaise (anchovy tomato)



VEGETARIAN ENTREES

Butternut Squash Lasagna with sage garlic béchamel

Stir-fried Asian Vegetables with marinates tofu and soba noodles

Grilled tofu with sesame Szechwan vegetables

Falafel with caramelized onions, peas and spicy tomato sauce

Grilled Vegetable Kabobs with Brazilian chimi churi sauce and cucumber rhaita

Vegetable Souvlaki with eggplant, squash, tomato, peas, carrots with saffron béchamel

Vegetable Samosas with mint cilantro chutney

Naked Vegetable Lasagna with grilled marinated portobello, zucchini, squash and spinach layered with goat cheese and ricotta cheese Eggplant Rollatini with four cheese filling and sun dried tomato pesto

Eggplant parmesan with fresh mozzarella and roasted garlic pesto



PASTA ENTREES

Spinach Pappardelle with sun dried tomatoes, mushrooms, roast garlic and goat cheese

Rigatoni with chicken escarole, oven fired tomatoes in a roast garlic cream sauce

Orecchiette Pasta with Julienned vegetables, sun dried tomatoes, and pesto cream sauce

Penne Pasta with grilled chicken, kalamata olives, sun dried tomatoes, spinach in balsamic parmesan sauce

Fettuccini with shrimp, broccoli rabe, and roast garlic with amatriciana sauce

Gnocchi Bolognaise (traditional meat sauce) with shaved greua cheese and fried sage

Lasagna a la Noue, traditional lasagna with parmesan béchamel, the way grandma made it Pappardelle with wild mushroom casserole, roasted garlic in a white truffle sauce

Shrimp Jambalaya over cracked black pepper fettuccini

Fettuccine Alfredo with grilled chicken and oven roasted tomatoes

Linguini Fra Diavolo with shrimp, clams, muscles and calamari on a fiery red sauce

Farfalle with sweet pea broth, garlic and Julienned vegetables topped ricotta salata cheese

Butternut Squash Ravioli with white truffle sage cream sauce



sides

VEGETABLE SIDES

French green beans almandine Braised escarole with roasted garlic Truffle grilled asparagus Brown sugar candied carrots Green beans with garlic and olive oil Braised collard greens Fried zucchini Roasted vegetables with basil pesto Vegetable caponata Ratatouille of vegetables Roasted butternut squash Spaghetti squash with brown butter and sage Stir-fried Asian vegetables Crispy swiss chard with pancetta bacon Cheddar crusted broccoli Yellow squash casserole Charred tomatoes and eggplant Roasted fall vegetables with rosemary and garlic

Sautéed Spinach Greened Spinach Baby carrots with butter and sage Brussel sprouts with spicy bacon and caramelized onions Asparagus with wild mushrooms Grilled melody of vegetables French green beans with braised fennel Tempura vegetables Yellow curried cauliflower

STARCH SIDES

Vegetable rice pilaf Butternut squash risotto Cheddar jalapeno grits Garlic mashed potatoes Crispy pesto gnocchi Horseradish whipped potatoes Rosemary Fingerling Potatoes Potatoes au gratin Potato pancakes Maple whipped sweet potatoes German spaetzle with caramelized onions Greek orzo with olive tapenade Cous Cous with toasted almonds and parsley pesto Cambozola cheese polenta Dirty rice with confetti of vegetables Lyonnaise potatoes Baked potatoes with chive sour cream Sour cream whipped potatoes Miso sobe noodles Egg noodles in butter sauce Penne pomodoro Fettuccini alfredo Spaghetti primavera Chive bacon mashed potatoes Wasabi mashed potatoes Saffron rice Mexican rice Asian cole slaw German potato salad Fried potato casserole with cheddar cheese Sesame pad Thai noodles



COOKIES

Breakfast (granola, oatmeal, coconut, cranberries, pecans) Cookie Studio Chocolate Chip Chocolate Chocolate Chip Chocolate Oatmeal Coffee Toffee Ginger Katie Thumbprint Cookies Macaroons Mexican Wedding Cookies Oatmeal Cranberry (Pecans) Oatmeal Raisin (walnuts) Peanut Butter Pecan Chocolate Chip Snickerdoodles Sugar **Toffee Pecan** White Chocolate Macadamia

BARS AND BROWNIES

Toffee Pecan Brownies Key Lime Lemon

CUPCAKES

Lemon Pound Cake Red Velvet Double Chocolate Buttercream Vanilla Key Lime Hummingbird Deep Dish Pies Keylime Pie Rustic Cherry Pie Rustic Apple Pie Coconut Cream

POUND CAKES

Lemon Gingerbread Sour Cream Vanilla Chunky Apple Spice Chocolate Sour Cream Cranberry Tea Cake Crème Fraîche Coffee Cake

LAYER CAKES

Amaretto Buttercream Cake Keylime Cake Old Fashion Chocolate Coconut Layer German Chocolate

desserts

Carrot Spice Chocolate Raspberry Mousse Red Velvet Raspberry Golden Chocolate Gingerbread layer Strawberry Layer Chocolate Peanut Butter Mousse Tiramisu Layer Cake Caramel Cake Bourbon Bread Pudding

CHEESECAKES

New York Style Oreo Kahlua / Mocha Strawberry Swirl Lemon Curd Sweet Potato Praline Banana Cheesecake Blueberry Cheesecake Dessert Crepes Nutella and banana crepes with frangelico sauce Wild berry crepes with pomegranate syrup Strawberry crepes with chantilly cream Lemon curd crepes with chardonnay brittle



DELICIOUS OPTIONS FOR YOUR EVENT

Miniature Beef Wellington laced with thyme

Horseradish Crusted Grouper Burritos with caper remoulade

Maryland Crab Cakes with chipotle dipping sauce

Brie and Raspberry En Croute with wild berry jam

Crab and Cheddar Pop-overs with roast pepper coulis

Fennel Scented Salmon Gravlax with pumpernickel crostini chive crème fraiche

Asian Barbequed Pork Dumplings with watermelon jicama slaw

Lobster and Mango Spring Rolls with key lime cilantro aioli

Caramelized Onion Tart, with blue cheese and nicoise olives

Wild mushroom Strudel with montrachet cheese, and dried cranberries

Sugarcane Skewered Jumbo Shrimp with Thai peanut sauce

Salmon and Black Bean Risotto cakes with fire roasted tomato salsa

Trio of Bruchetta- Tomato, basil and goat cheese; white bean and roasted garlic; eggplant caponata

Goujons filled with figs and roquefort cheese

Kobe Beef Satay with sauce béarnaise

Grilled Chicken Quesadilla with Monterey jack cheese, and black bean refritos

Tempura Vegetables with dill and lime yogurt

Portabella Spring Rolls with roasted peppers goat cheese and baby arugula

Seared Ahi Tuna over kame rice cakes, wakami seaweed salad, and fresh wasabi aioli

Antipasto table with grilled marinated vegetables, imported cheeses, breads, and fruit

Sesame Chicken Satay with Thai peanut sauce

appetizers

Grilled Asparagus wrapped in goat cheese and prosciutto

Shrimp Satay with mango ginger sauce

Grilled Chicken and Chorizo Kabobs with chimi churi sauce

Barbequed Meatballs with bleu cheese dipping sauce

Lemongrass Chicken Spring Rolls with mandarin ginger sauce

Wild Mushroom Empanada with chive mascarpone sauce

Crudités with vegetable ranch

Falafel Bites over pita chips with tzatziki sauce

Tempura Shrimp with a soy ginger glaze

Goat Cheese Dumplings with roasted red pepper coulis and parsley pesto

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